

Cody and I were talking about the theory of evolution yesterday. I said it was an infinitesimally slow process, for the most part. I now realize there is a connection to one's own evolution as a person. One drawback to the pacing is that you're often stuck in a limbo spot on your way to a goal you're striving for. This limbo spot can be only marginally better than point A. It can be discouraging to the point that you give up your efforts and retreat back to your starting point. Only if you have sources of support is there the hope of getting through that frustrating limbo state. I guess it could be a societal problem, where we expect to snap our fingers (take a pill, push a button) and achieve at least our short term goals. That may be why it is unnatural and shame-inducing to ask for help. Things appear to be set up for autonomous living.